

# SING

T H E C O U R S E

## *SING in Your Head Voice*

The next voice you need to master is the head voice. This should be done before you work on your middle voice. That's because the middle voice is also considered the "*mixed voice*" or mixture of chest and head voice.

Let's Go upstairs into your speaking voice and speak in a fairy voice. For guys, go into your falsetto voice. Girls Say, "*I like Disney Movies*", "*It's time to go to sleep*" "*I am a princess*". Guys say... "*I am speaking in my falsetto voice.*" Another way to find your head voice is to pretend you're speaking to a baby, in a baby voice.

Like we did in our chest voice, we're going to do a few exercises that allow you to say a word in your head voice. Then we'll go into singing with the head voice. First, do them airy. Then do them with an open throat or "*opera sound*".

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T H E C O U R S E

*BUH, Baby.....*

*HEY, Hey.....*

*ZEE, Zee.....*

*Hi, High.....*

*NO, No.....*

*NEW, New.....*

*AHH (1,2,3,4,5)*

*Do Re Me Fa So La Ti Do - Do Ti La So Fa Me Re Do* (Make sure to stay in head voice on the way down the scale)

Singing in your head voice is the easiest when you approach it from your Classical or Pop Zones. You'll learn more about this in the next module. For now, just try it with air. Then try it with an open or Opera Sound.

If you want to learn to sing higher, the trick is not to try to sing louder, or push. You need to do the opposite. You need to learn how to open your throat more and direct the sound into the crown of the head. Once you learn Classical and Pop placements, you'll be able to sing in different styles within your head voice.

*Head Voice Exercises are in your bonus download section.*