

# SING



T H E C O U R S E

## *SING Finale*

One of the nicest parts about performing, is having it all over with! Most of the time, as artists we leave with a sense of accomplishment and gratitude for being able to share the gifts we've been given.

However, there are times, when we go over and over our performance with a fine-tooth comb, being extra critical and judgmental towards ourselves. Unfortunately, this is a normal artistic response. And, by doing this we either improve upon our performance or we can demoralize ourselves into a heaping pile of negativity.

So, to end our SING course, I thought I would give you a few tips on overcoming *YOURSELF* after a show, or even a practice. I would love for you to leave this course with a sense of accomplishment, growth, and the ability to continue to share your talents.

First, I want to go back to my beginning message. You need to connect to your authentic voice. I didn't say, you need to connect to your perfect voice. No voice is perfect. No message is perfect. No performance is perfect. Instead of focusing on the outside job, focus on the inside job of connecting to your voice. Focus on connection to your audience. Focus on the flow of gifts moving through you as a messenger. When you can sincerely yourself as a being given a gift and want to share this gift, it takes so much pressure off of you and trying to be perfect.

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Second, believe in yourself, and your dreams. They belong to you and you alone. No one else has been given your dreams or your gift. It's precious to you. Guard it and protect your dream. Believe in yourself. No one else will do this for you. Don't wait for someone to come along and validate your talent. It's your gift!

Finally, if you wish to study with me further and explore the ways you can find your voice, embrace the stage and expand your audience, feel free to reach out to me on the contact page of my website. I offer private lessons and Master Classes. I'm also the creator of Compose Yourself, an Artist Development Company that supports artists in management, creative direction and career expansion. This is an audition only program, but if you feel that we're a good fit and you want to learn more, please contact me.

I hope that you've been blessed by the SING Course and that you've sincerely connected to your voice.

***Create a Great Day and Create a Beautiful Sound!***

XOXO

*Carol Frazier*