

# SING

T H E C O U R S E

## *Putting All the Zones Together!*

Putting your vocal zones together is the juicy, fun, and creative way to make your sound authentic to **YOU!** By interweaving your sounds both vertically and horizontally within your different zones, you're able to create texture, feeling and emotion to your vocals.

Have you ever heard someone sing in just one style, repeatedly, without letting up on their placement? It creates a boredom with the listener and doesn't really sell the lyric of a song. Even opera singers whom mostly sing in their first zone, will move up and down vertically, and slightly move to their second zone for an increased composition delivery.

Before we dive into exercises that will help you move between zones, I want to teach you a few other vocal tricks of professional singers.

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**Breathiness:** This technique is used to create a breathy sound that can be used in all your zones. By allowing more air to flow through your vocal folds, you create a breathy sound.

Say, “Hi, I’m Marilyn Monroe”. Now sing it. This should help you allow more air to flow through. Don’t push the air through your vocal chords, just expand slightly and then slightly push air through your nose while you sing. This will protect your vocal chords.

**Dark vs. Light Tone:** When you think of Adele you think a dark full sound versus myself who has a natural bright sound. Professional Singers are constantly working to expand their voices so they can sing both dark and light upon command.

Say “Hi Carol” from a throaty, chest place, with your resonance more in your cheeks. This should create a dark sound. Now say, “Hi Carol” by moving it up more to the soft palate forward to the nasal cavity. This should create a brighter tone. Now, Sing, “Hi Carol” moving from dark to light.

**Manipulating Your Vowels:** This technique is done mostly by pop singers. It has become all the rage, as young singers manipulate their vowels so much that you can hardly understand what they’re singing. Again, most singers are learning this technique by listening and repeating the singers they love.

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Try singing the ABC's as straight and proper as you can. Now sing the ABC's manipulating your vowel sound as much as possible, almost sounding silly. Drop your consonants as much as possible, really emphasizing the vowel changes.

Move your jaw as little as possible and articulate less. In order to learn this technique, you need to study phonetics, so you can hear all of the vowels in just one word.

*For Example:*

*EE* - should become *IH* (feelings)

*OO* - become *UH*

*AA* - becomes *EH*

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Diphthongs:

DAY - DEH (EE)

NIGHT - NAH (EE) T

FOUND - FAH (OO) ND

Minimize Constants:

N (i.e.: hand - drop most of the n)

R (i.e.: wonder - becomes wonduh)

L (i.e.: hold - HUHD)

Moving between your zones freely is learned by knowing your zones and being able to get to each one quickly and smoothly. Following are some exercise for you to try. Remember, all the exercises are in your Bonus Section.

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Move through these Zones:

Chest - Middle

Pop to Opera

Middle to Head

Broadway to Pop

Head to Middle

Opera to Broadway

Middle to Chest

Broadway to Jazz

Chest to Head

Jazz to POP

Head to Chest

Pop to Rock and Blues

Opera to Pop

Pop to Nasal Country

As you can see in the exercises between zones, I'm closing the gap smaller and smaller so that the distinction between the zones is recognized.

You can flip into different ZONES, or you can sing smoothly into different ZONES. Both Styles are acceptable, if you're doing it intentionally.